

# 辽宁省铁云武术健身俱乐部招生简章

## Enrollment Guide of Liaoning Province Tiejun Wushu Health Club

辽宁省铁云武术健身俱乐部由沈阳体育学院教授、中国武术九段、中华全国武林百杰、中国武协委员、辽宁省武术协会副主席关铁云担任主席兼总教练。

Liaoning Province Tiejun Wushu Health Club is held by GUAN Tiejun, the Chairman and Head Coach of the club, who is a Professor of Shenyang Sport University, with Grade-9 in Chinese Wushu, one of top 100 in Chinese martial arts circle, a Member of Chinese Wushu Association, and the Vice Chairman of Liaoning Province Wushu Association.

办学宗旨：弘扬中华武术，传承非遗技艺

School Mission: promote Chinese Wushu, inherit intangible heritage skill

提高民族素质，益智强身健体

Enhance national quality, improve intelligence and strengthen physique

特色：名拳：辽宁省非物质文化遗产保护项目；鸳鸯拳、通背拳为特色项目。

Features: Famous Boxing: Liaoning intangible cultural heritage protection items; Yuanyang Boxing, Tongbei Boxing are the featured items.

名家：教练员队伍由辽宁省武术专业队金牌教练董晓冬领衔，汇集省内武术名家和国内外武术大赛金牌获得者。

Famous Coach: the coach team is led by DONG Xiaodong, the gold medal coach of the Liaoning Wushu professional team, and combining together the provincial Wushu masters and the gold medalist of Wushu Competition at home and abroad.

名教授：

享誉国内外的著名教授、中国武术九段、武术国际A级裁判、省级非遗保护项目鸳鸯拳、通背拳代表性传承人关铁云教授为总教练。

Famous Professor: GUAN Tiejun, acting as the Head Coach, who is a Renowned Professor at home and abroad, with Grade-9 in Chinese Wushu, Wushu International Grade A Referee, the representative inheritor of Yuanyang Boxing, Tongbei Boxing of the provincial intangible heritage protection item.

办学理念：服务社会，造福人民；教学育人，崇武尚德。

School Conception: service the society, benefit the people; teach and educate talents, uphold Wushu and advocate Wushu virtue

班型设制：1、非遗项目传承班：年龄在40 以下，武德高尚者

Class-type System: 1. Intangible Heritage Project Heritage Class: the people who are less than 40 years old and Have a noble Wushu virtue.

2、 师资培训班：量身打造不同拳种各级别、各类武术专业师资

2. Teachers' Training Class: cultivate professional teachers of all kinds and levels of Boxing, and various kinds of Wushu based on actual situations.

3、段位考评班：常年开设各拳种晋升段位培训班。

3. Duanwei assessment class: open up Duanwei promotion training class for all kinds of boxing throughout the year.

4、养生保健班：在开设传统功法基础上隆重推出通背养生功。

4. Health Care Class: ceremoniously introduce Tongbei Health skills on the basis of opening up the traditional Wushu skills.

5、少儿班：分设强身益智班、技艺提高班。

5. Children's Class: separately open up the strengthening health and improving intelligence class and skills upgrading class.

6、太极健身班：采取走出去请进来的办法举办各类太极健身班。

6. Taiji Fitness Class: organize all kinds of Taiji fitness classes through adopting the method of going out and coming in.

7、防身自卫班：隆重推出武术散打、女子自卫防身班。

7. Self-defense Class: ceremoniously introduce Wushu free combat and woman self-defense class.

8、国际、外籍人士培训班：培养出国从事武术教学人才及外籍人士兴趣班。

8. International and Foreigners Training Class: cultivate talents engaged in Wushu teaching at abroad and foreigners' interest classes.

9、太极推手班

9. Taiji Tuishou Class

(各班依实际报名人数开设初、中、高级班)

(Each class opens up the primary, intermediate and senior class in accordance with the actual number of applicants)